

THE ALCHEMY OF MASSAGE

*Like an alchemist who blends the elements to create
the perfect treatment for you.*

TREATMENT DATE & TIME

.....

FIRST & LAST NAME

ROOM NO.

EMAIL



TERME PREISTORICHE
RESORT & SPA

nerospa@termepreistoriche.it
www.termepreistoriche.it



NERÓ SPA

TIME

Time is a precious gift to be devoted to your body and mind.

- ☐ 50 minutes 80 €
- ☐ 80 minutes 125 €

SENSATION

From the lightness of a gentle touch to deeper, more intense pressure.

- ☐ Light pressure
- ☐ Medium pressure
- ☐ Firm pressure

OIL BASE

The oil that enhances every movement, allowing the massage to flow with ease and softness.

- ☐ Grapeseed Oil 5 €
- ☐ Olive Oil 5 €
- ☐ Honey Oil 7 €
- ☐ Coconut Oil 7 €
- ☐ Natural Oil 3 €

TECHNIQUE

Listening to your body is the first step towards well-being. Give yourself what you need most.

- ☐ Relaxing
- ☐ Decontracting
- ☐ Draining
- ☐ Energising

ZONE

A focused treatment or an all-encompassing sensation.

- ☐ Total body
- ☐ Back & Neck
- ☐ Legs & Feet
- ☐ Face & Head

COMPLETE THE EXPERIENCE

The soothing warmth of hot stones, the invigorating touch of Pinda, the deep, rhythmic movement of wooden rollers.

- ☐ Hot Stones 5 €
- ☐ Pinda
- ☐ Wooden Rollers

ESSENTIAL OILS

Let yourself be enveloped by scents and discover the essence that best suits you and your senses.

Neró Spa essential oils are created through a careful extraction process that preserves the essence, active ingredients and distinctive properties of the plants found in the local area. Each essential oil, depending on the plant from which it is derived, can evoke new sensations and awaken the senses.

- ☐ OSMANTHUS ESSENTIAL OIL
Neró Spa Firming Oil

Its fragrance evokes the scents of our park, while its properties encourage calmer breathing and a soothing sense of ease.

- ☐ Sweet Orange
- ☐ Lavender
- ☐ Eucalyptus
- ☐ Rosemary
- ☐ Ginger
- ☐ Lemon
- ☐ Cinnamon

-  Essential Oils for a Relaxing Effect
-  Essential Oils for a Decontracting Effect
-  Essential Oils for a Draining Effect
-  Essential Oils for an Energising Effect

1 € each

MUSIC

Let yourself be enveloped by a melody in harmony with the moment you are experiencing.

- ☐ Relaxing
- ☐ Ethnic
- ☐ Classical
- ☐ Nature Sounds

SETTING

The space around us matters. Choose a private space dedicated entirely to you, or share it with someone special.

5 € per person

- ☐ Single Treatment Room
- ☐ Couples' Treatment Room

* Use of the sauna, steam bath and whirlpool is not included and can be booked separately.

TOTAL PRICE €