



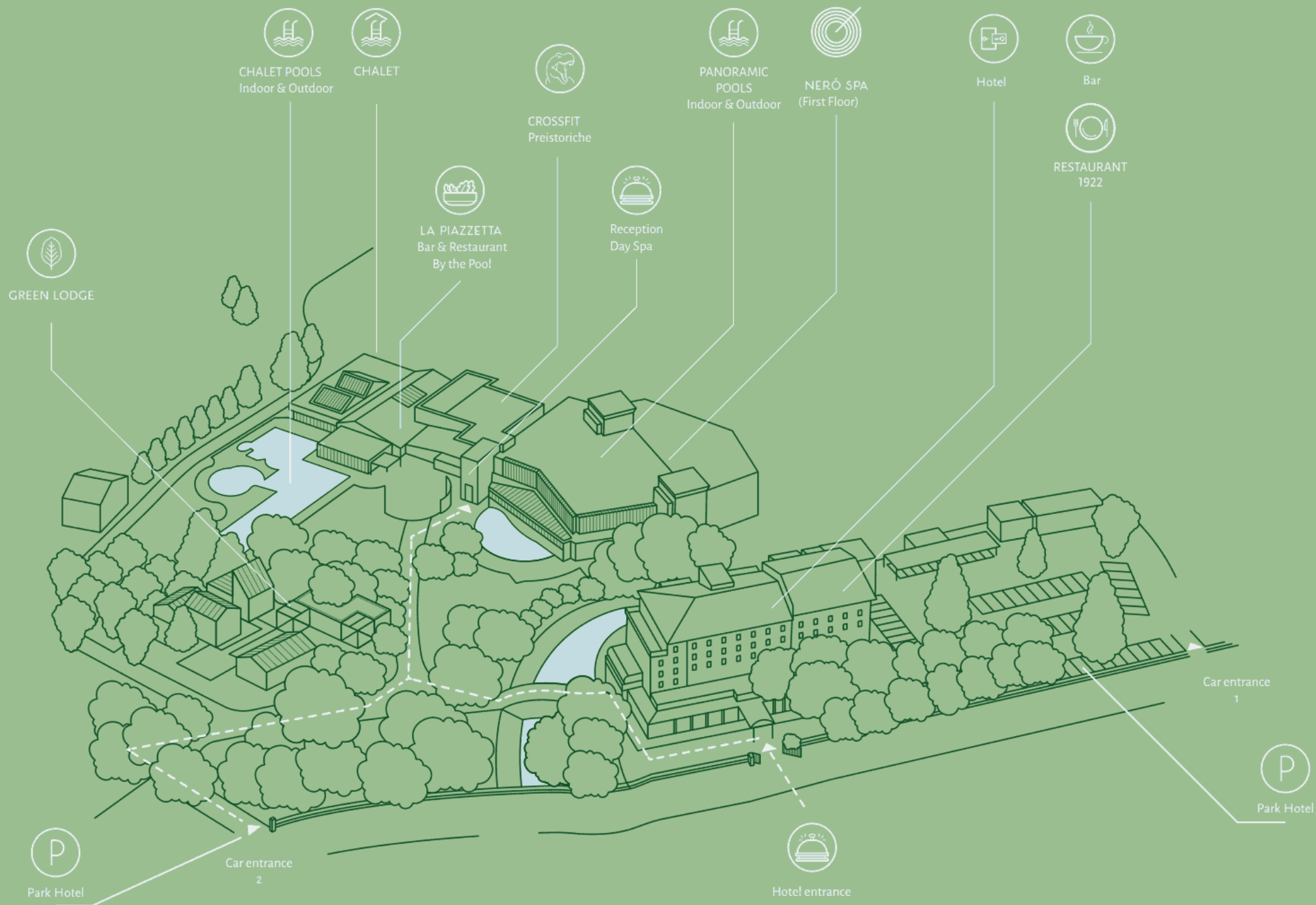
UNCONVENTIONAL
WELLNESS FESTIVAL

/ from 05 to 08 /
NOVEMBER

*A journey through practices, rituals, art and moments
of discovery, to slow down, tune in and find a new
connection with yourself.*



TERME PREISTORICHE
RESORT & SPA



THE STORY OF A JOURNEY

NERÓ SPA RETREATS

The value of time according to Neró Spa

"In my work I meet people every day who arrive with very different rhythms, but often with something in common: finding it hard to truly stop. We are used to filling our days, moving from one commitment to the next, giving time to everything around us. We don't always manage to keep as much for ourselves. This observation is what gave rise to the Neró Spa Retreats project. We wanted to go beyond the single treatment and create journeys that give value back to the time spent in the Spa. Not just a massage or a ritual, but a thread that accompanies each person from beginning to end, through contact with matter, warmth, water and silence. Each Retreat stems from a different need.

Origine brings you back to the earth through our DOC thermal mud from the Euganean Hills, which matures for sixty days before it reaches the skin.

Morfeo guides you towards slowing down and sleep, helping you rediscover the dimension of rest.

Ulisse invites you to listen to your body

again and inhabit it mindfully once more.

Intreccio, on the other hand, comes from the wish to share time with someone, with no other urgency, rediscovering one of the most precious things in the world: shared time.

As Spa Manager, I believe the value of a Retreat lies not only in what happens during a ritual, but also in everything that comes before and after it. In the time spent in the water, in a pause in the park, in the pleasure of having nothing to do.

We cannot slow down the world outside. But we can choose how to inhabit it. And perhaps this is the very first step: giving ourselves the time to come back to ourselves.

The idea behind the Unconventional Wellness Festival comes from this very vision: turning time in the Spa into an experience to live, not just to receive. For four days, from 5 to 8 November, Neró Spa becomes a place to explore new

forms of wellbeing, guided by practices, encounters and rituals that invite you to slow down and listen to yourself.

The Festival unfolds as an inner journey in four moments, each linked to a different stage of coming back to yourself.

La Soglia – the Threshold – is the first step.

Thursday 5 November.

It is the moment when you leave everyday rhythms behind to enter a different dimension: that of Neró Spa. A change of perspective, an invitation to cross the boundary between doing and feeling, between the time we chase and the time we choose to inhabit. This is where the journey begins.

From this first opening we move on to **Morfeo | Friday 6 November**, dedicated to sleep and rediscovering rest. In a daily life that often asks us to be always present, active and available, stopping can become as hard as falling asleep. Morfeo invites you to gradually find stillness again, through experiences that help release tension and tune in to a more natural pace. Because resting does not only mean sleeping, but giving yourself permission not to respond to everything, at least for a moment. The journey continues with

Origine | Saturday 7 November

A return to the earth and the strength of matter. The DOC thermal mud of the Euganean Hills, a defining element of

our land, becomes the symbol of an ancient bond between nature and wellbeing. Its texture, its warmth and its contact with the skin recall an essential dimension.

It is an invitation to find your roots again, letting sensations bring you back to the present.

Finally, **Ulisse**

Sunday 8 November.

Leads to a more intimate return: to your own body. A body we often inhabit distractedly, busy asking it to do, to endure, to carry us from one commitment to the next. Through mindful movement, breath and experiences devoted to listening, Ulisse invites you to reconnect with yourself, recognising the body not only as a tool, but as the place where who we are comes to light.

The Unconventional Wellness Festival takes shape where these four moments meet, but it does not offer the same path for everyone. Each person can find their own way through it, choosing the experiences that resonate most with their moment in life. Practices, rituals and encounters become opportunities to experience wellbeing in a freer, more curious and more personal way, **beyond the boundaries of the traditional Spa.**"

Erika Tosato
Spa Manager



WHAT IS A RETREAT?

The Retreats are the heart of Neró Spa.

*Four inner journeys, each guided by a different force: the earth, sleep, the self, connection.
Four ways to return to a part of you that ordinary time tends to put on hold.*

Each Retreat includes a path made up of several rituals.

Not a single treatment, but a complete journey: a sequence of experiences that guides body and mind into a new dimension of wellbeing.

ORIGINE

Return to the earth

Origine is the D.O.C. mud Retreat. The warmth of the mud slowly melts away tension. The scent of Osmanthus, delicate and lingering, accompanies the breath. It is an invitation to rediscover what truly matters: the value of an ancient material told as emotion, the value of slow time.

ULISSE

Return to yourself

Through work on the meridians of Chinese medicine, the body is guided, at its own pace, back to balance. The warmth of Osmanthus oil envelops the body and awakens the senses, turning every gesture into an invitation to listen. Because returning to your body means, first of all, learning to inhabit it again.

INTRECCIO

Two in harmony

For those who choose to slow down together. The Neró Private Spa becomes a meeting place where water, warmth and stillness accompany the couple on a journey shared side by side. An experience that invites you to find harmony again, while the slow time spent together begins to become a shared memory.

MORFEO

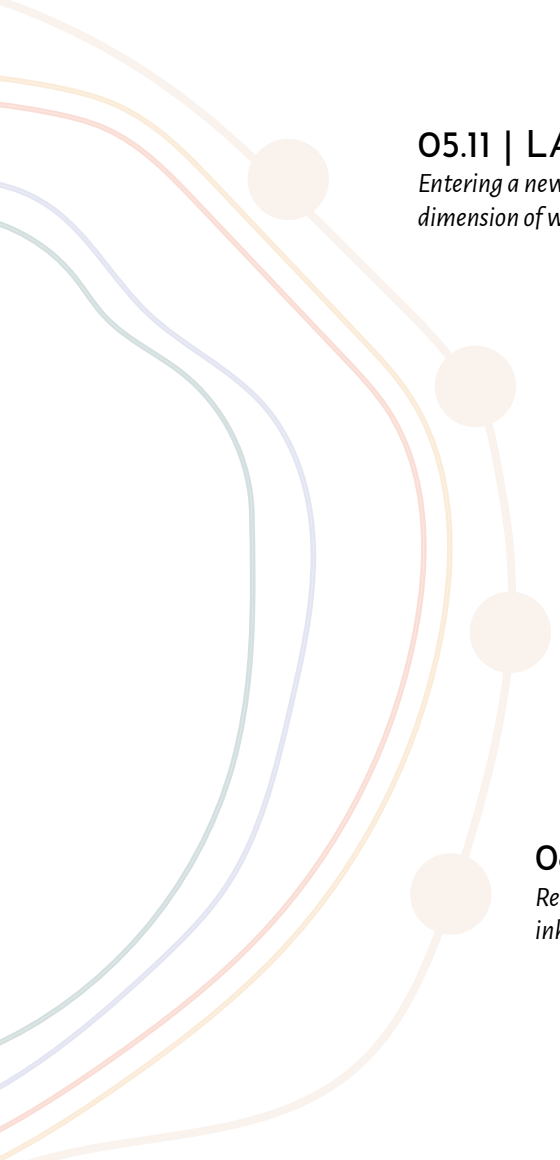
Return to sleep

A Retreat designed to rediscover the most essential dimension of rest. The body is guided into a state of deep listening. A Vietnamese technique that works on perception and the senses through light, repetitive touch. A path towards deep relaxation and balance.

THE DAYS

Four days, four ways to come back to yourself.

To let go and open up to the new, to rediscover the dimension of rest, to reconnect with the earth. A journey of self-discovery through experiences, rituals and practices to enjoy at your own pace.



05.11 | LA SOGLIA

Entering a new vision and dimension of wellbeing

06.11 | MORFEO

Returning to the dimension of rest.

07.11 | ORIGINE

Returning to the earth and rediscovering the essential

08.11 | ULISSE

Returning to yourself, learning to inhabit your body mindfully

THE ACTIVITIES

Many experiences to live, explore and share.

The programme brings together all the Festival activities, with their times and categories.

Below, the details of each experience will help you choose your own path.

■ BEAUTY BITES

Face masks, self-massage, neck massages, scrub workshops

■ ACTIVITIES

Guided tastings, yoga sessions, breathwork, group Rituale Unico

■ EXPERIENCES

Sound baths, Tibetan singing bowls, steam bath scrubs, Aufguss, Savonage in the Hammam, Smoke in the Temazcal, Hang drum

■ WORKSHOPS

Art and craft workshops

■ NIGHTS

Silent Concert to rediscover the sounds of nature, Percussion Concert



/THE PROGRAMME/

05
NOV

LA SOGLIA

DAY PROGRAMME

Please arrive 10 minutes before each activity.

Throughout the festival we offer **masks, creams, herbal teas and infused water.**

- BEAUTY BITES
- ACTIVITY
- EXPERIENCE
- WORKSHOP
- NIGHTS

TIME	DURATION	ACTIVITY
18:30	from	 Modern Aufguss in the Neró Spa Water Circuit - With token
18:30	from	 Scrub Aufguss in the Neró Spa Water Circuit - With token
18:30	from	 Savonage in the Neró Spa Water Circuit - With token
18:30	from	 Smoke and meditative rituals in the Neró Spa Water Circuit - With token
18:30	60 min	 La soglia - Rituale Unico Drop-in at the Chalet Pool

SERVICES AVAILABLE THROUGHOUT THE DAY

-  **Face Masks** at the Neró Spa Reception - Drop-in
-  **Neck Massage** 10 min in the Beauty Tent - Advance booking, fee applies

06
NOV

MORFEO

DAY PROGRAMME

Please arrive 10 minutes before each activity.
Throughout the festival, all day long, we offer
masks, creams, herbal teas and infused water.

- BEAUTY BITES
- ACTIVITY
- EXPERIENCE
- WORKSHOP
- NIGHTS

TIME	DURATION	ACTIVITY
10:30	45 min	Breathwork in the CrossFit Gym Book on site
11:00	40 min	Sound bath with world instruments in the Chalet Room Book on site
11:00	from	Modern Aufguss - Scrub Aufguss - Savonage - Smoke and meditative rituals in the Neró Spa Water Circuit with token
11:30	45 min	Breathwork in the CrossFit Gym Book on site
11:30	30 min	Hang drum Chalet poolside Drop-in
11:45	30 min	Brush self-massage in the Neró Private Spa Drop-in
11:45	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
12:00		Themed small bites
14:30		Themed small bites
14:45	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
15:00	30 min	Sound bath with world instruments in the Chalet Room Book on site
15:00	30 min	Brush self-massage in the Neró Private Spa Drop-in
15:30	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
15:45	45 min	Tea tasting in the Neró Private Spa Drop-in · Limited places
16:00	30 min	Sound bath with world instruments in the Chalet Room Book on site

SERVICES AVAILABLE THROUGHOUT THE DAY

- Face Masks** at the Neró Spa Reception - Drop-in
- Neck Massage** 10 min in the Beauty Tent - Advance booking, fee applies

TIME	DURATION	ACTIVITY
16:30		Themed small bites
16:30	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
16:45	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
17:00	30 min	Brush self-massage in the Neró Private Spa Drop-in
17:00	60 min	Yoga Masterclass with Francesca Senette Chalet Pool Drop-in
17:30	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
17:45	45 min	Tea tasting in the Neró Private Spa Drop-in · Limited places
18:00	30 min	Hang drum Panoramic poolside Drop-in
18:30		Themed small bites
18:30	30 min	Sound bath with world instruments in the Chalet Room Book on site
19:00	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
19:00	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
21:00	from	The Sound of Silence Chalet Pool Drop-in
21:30		Themed small bites

07
NOV

ORIGINE

DAY PROGRAMME

Please arrive 10 minutes before each activity.

Throughout the festival we offer **masks, creams, herbal teas and infused water.**

- BEAUTY BITES
- ACTIVITY
- EXPERIENCE
- WORKSHOP
- NIGHTS

TIME	DURATION	ACTIVITY
10:30	45 min	Breathwork in the CrossFit Gym Book on site
11:00	40 min	Sound bath with world instruments in the Chalet Room Book on site
11:00	from	Modern Aufguss - Scrub Aufguss - Savonage - Smoke and meditative rituals in the Neró Spa Water Circuit with token
11:30	45 min	Breathwork in the CrossFit Gym Book on site
11:30	30 min	Hang drum Chalet poolside Drop-in
11:45	30 min	Foot scrub and self-massage in the Neró Private Spa Drop-in
11:45	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
12:00		Themed small bites
14:30		Themed small bites
14:45	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
15:00	30 min	Sound bath with world instruments in the Chalet Room Book on site
15:00	30 min	Foot scrub and self-massage in the Neró Private Spa Drop-in
15:30	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
15:45	60 min	Espero art workshop - Hydrothermal Postcards in La Piazzetta Book on site · Limited places
16:00	30 min	Sound bath with world instruments in the Chalet Room Book on site

SERVICES AVAILABLE THROUGHOUT THE DAY

- Face Masks** at the Neró Spa Reception - Drop-in
- Neck Massage** 10 min in the Beauty Tent - Advance booking, fee applies

TIME	DURATION	ACTIVITY
16:30		Themed small bites
16:30	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
16:45	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
17:00	30 min	Foot scrub and self-massage in the Neró Private Spa Drop-in
17:00	60 min	Yoga Masterclass with Francesca Senette Chalet Pool Drop-in
17:15	60 min	Espero art workshop - Hydrothermal Postcards in La Piazzetta Book on site · Limited places
17:30	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
18:00	30 min	Hang drum Panoramic poolside Drop-in
18:30		Themed small bites
18:30	30 min	Sound bath with world instruments in the Chalet Room Book on site
19:00	45 min	Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
19:00	30 min	Tibetan singing bowls at the Panoramic Pool Book on site
21:00	30 min	Percussion Duo Wellness Rhythms Pulsup Chalet Pool Drop-in
21:30		Themed small bites

08
NOV

ULISSE

DAY PROGRAMME

Please arrive 10 minutes before each activity.

Throughout the festival we offer **masks, creams, herbal teas and infused water.**

- BEAUTY BITES
- ACTIVITY
- EXPERIENCE
- WORKSHOP
- NIGHTS

TIME	DURATION	ACTIVITY
10:30	45 min	■ Breathwork in the CrossFit Gym Book on site
11:00	40 min	■ Sound bath with world instruments in the Chalet Room Book on site
11:00	from	■ Modern Aufguss - Scrub Aufguss - Savonage - Smoke and meditative rituals in the Neró Spa Water Circuit with token
11:30	45 min	■ Breathwork in the CrossFit Gym Book on site
11:30	30 min	■ Hang drum Chalet poolside Drop-in
11:45	30 min	■ Guided stretching and rebalancing in the Neró Private Spa Drop-in
11:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
12:00		Themed small bites
14:30		Themed small bites
14:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
15:00	30 min	■ Sound bath with world instruments in the Chalet Room Book on site
15:00	30 min	■ Guided stretching and rebalancing in the Neró Private Spa Drop-in
15:30	30 min	■ Tibetan singing bowls at the Panoramic Pool Book on site
15:45	60 min	■ Espero art workshop - Morphology of the Mind in La Piazzetta Book on site · Limited places
16:00	30 min	■ Sound bath with world instruments in the Chalet Room Book on site

SERVICES AVAILABLE THROUGHOUT THE DAY

- **Face Masks** at the Neró Spa Reception - Drop-in
- **Neck Massage** 10 min in the Beauty Tent - Advance booking, fee applies

TIME	DURATION	ACTIVITY
16:30		Themed small bites
16:30	30 min	■ Tibetan singing bowls at the Panoramic Pool Book on site
16:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
17:00	30 min	■ Guided stretching and rebalancing in the Neró Private Spa Drop-in
17:00	60 min	■ Yoga Masterclass with Francesca Senette Chalet Pool Drop-in
17:15	60 min	■ Espero art workshop - Morphology of the Mind in La Piazzetta Book on site · Limited places
17:30	30 min	■ Tibetan singing bowls at the Panoramic Pool Book on site
18:00	30 min	■ Hang drum Panoramic poolside Drop-in
18:30		Themed small bites
18:30	30 min	■ Sound bath with world instruments in the Chalet Room Book on site
19:00	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent Drop-in · Limited places
19:00	30 min	■ Tibetan singing bowls at the Panoramic Pool Book on site
21:00	30 min	■ Hang drum Panoramic poolside Drop-in
21:30		Themed small bites



RITUALS · TIMES & SESSIONS

Throughout the day, the Neró Spa Water Circuit comes alive with rituals and practices for the wellbeing of body and senses. Here you will find all the sessions of **Aufguss**, **Hammam**, **Savonage**, **Smoke** and **Scrub**, with their times, so you can freely build your own path.

Rituals are open to a limited number of participants: please collect your participation token at the Spa reception 10 minutes before the scheduled time.

05
NOV
THURSDAY

ACTIVITY DURATION WHERE TIMES

AUFGUSS	15 min	■ Sauna	18:30 19:30 20:30
SAVONAGE	20 min	■ Hammam	20:00
SCRUB	15 min	■ Steam Bath	19:30 21:00
SMOKE	20 min	■ Temazcal	19:00 20:00

06
NOV
FRIDAY

AUFGUSS	15 min	■ Sauna	11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00
SAVONAGE	20 min	■ Hammam	11:15 12:45 15:15 17:15 19:15
SCRUB	15 min	■ Steam Bath	11:30 13:30 14:30 16:30 18:30 19:30 20:30
SMOKE	20 min	■ Temazcal	11:00 12:45 15:00 17:00 19:00 21:00

07
NOV
SATURDAY

AUFGUSS	15 min	■ Sauna	11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00
SAVONAGE	20 min	■ Hammam	11:15 12:45 15:15 17:15 19:15
SCRUB	15 min	■ Steam Bath	11:30 13:30 14:30 16:30 18:30 19:30 20:30
SMOKE	20 min	■ Temazcal	11:00 12:45 15:00 17:00 19:00 21:00

08
NOV
SUNDAY

AUFGUSS	15 min	■ Sauna	11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00
SAVONAGE	20 min	■ Hammam	11:15 12:45 15:15 17:15 19:15
SCRUB	15 min	■ Steam Bath	11:30 13:30 14:30 16:30 18:30 19:30 20:30
SMOKE	20 min	■ Temazcal	11:00 12:45 15:00 17:00 19:00 21:00



THE DETAILS

of all activities

BREATHWORK



Activity

Simple, targeted breathing techniques to activate the body.

FRIDAY 06.11

10:30	45 min	Breathwork in the CrossFit Gym
11:30	45 min	Breathwork in the CrossFit Gym

SATURDAY 07.11

10:30	45 min	Breathwork in the CrossFit Gym
11:30	45 min	Breathwork in the CrossFit Gym

SUNDAY 08.11

10:30	45 min	Breathwork in the CrossFit Gym
11:30	45 min	Breathwork in the CrossFit Gym

How to take part

Book on site

YOGA MASTERCLASS



Activity

A session dedicated to movement, awareness and listening to yourself, led by **Francesca Senette**, founder of Trybe and yoga teacher. A masterclass designed to rediscover presence, balance and connection through practice.

FRIDAY 06.11

17:00 60 min **Yoga Masterclass with Francesca Senette**
| Chalet Pool |

SATURDAY 07.11

17:00 60 min **Yoga Masterclass with Francesca Senette**
| Chalet Pool |

SUNDAY 08.11

17:00 60 min **Yoga Masterclass with Francesca Senette**
| Chalet Pool |

How to take part

Drop-in · Limited places

TEA TASTING



Activity

A guided tasting between Japan and Taiwan, to discover less conventional aromas and flavours and enjoy a slow pause, without giving up the depth of tea.

FRIDAY 06.11

15:45 45 min **Tea tasting** | in the Neró Private Spa |

17:45 45 min **Tea tasting** | in the Neró Private Spa |

Drop-in · Limited places

RITUALE UNICO



Activity

Warmth, the scent of Osmanthus and the touch of hands resting on the extremities of the body · head and feet ·

THURSDAY 05.11

18:30 60 min **La soglia - Rituale Unico** | Chalet Pool |

Drop-in · Limited places

SELF-MASSAGE & SCRUBS



Beauty Bites

Small gestures, big sensations. A moment for the body through massage, self-massage, scrubs and stretching: experiences to rediscover the pleasure of taking care of yourself.

FRIDAY 06.11

11:45	30 min	■ Brush self-massage Neró Private Spa
11:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
14:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
15:00	30 min	■ Brush self-massage Neró Private Spa
16:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
17:00	30 min	■ Brush self-massage Neró Private Spa
19:00	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent

SATURDAY 07.11

11:45	30 min	■ Foot scrub and self-massage Neró Private Spa
11:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
14:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
15:00	30 min	■ Foot scrub and self-massage Neró Private Spa
16:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
17:00	30 min	■ Foot scrub and self-massage Neró Private Spa
19:00	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent



SUNDAY 08.11

11:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
11:45	30 min	■ Guided stretching in the Neró Private Spa
14:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
15:00	30 min	■ Guided stretching in the Neró Private Spa
16:45	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent
17:00	30 min	■ Guided stretching in the Neró Private Spa
19:00	45 min	■ Guided scrub ritual in the Steam Bath Beauty Tent

How to take part

Drop-in · Limited places

AUFGUSS



Multisensory experiences in the sauna and steam bath, combining heat, aromas and rituals of purification and meditation

SAVONAGE



A purification ritual using natural soaps and scented foam to cleanse and renew the skin with slow, enveloping movements

SMOKE



Sensory ceremonies with fumigations of aromatic herbs and natural resins, to release energy and encourage meditation and introspection

How to take part

Please arrive 10 minutes before the scheduled time.
Collect your participation token at the Spa reception.

For ritual times, see the section "Rituals · Times & Sessions"

SOUND BATH



Ritual Experience

An enveloping sound experience combining deep vibrations and ancient instruments to relax body and mind

FRIDAY 06.11

11:00	40 min	■ Sound Bath in the Chalet Room
15:00	30 min	■ Sound Bath in the Chalet Room
16:00	30 min	■ Sound Bath in the Chalet Room
18:30	30 min	■ Sound Bath in the Chalet Room

SATURDAY 07.11

11:00	40 min	■ Sound Bath in the Chalet Room
15:00	30 min	■ Sound Bath in the Chalet Room
16:00	30 min	■ Sound Bath in the Chalet Room
18:30	30 min	■ Sound Bath in the Chalet Room

SUNDAY 08.11

11:00	40 min	■ Sound Bath in the Chalet Room
15:00	30 min	■ Sound Bath in the Chalet Room
16:00	30 min	■ Sound Bath in the Chalet Room
18:30	30 min	■ Sound Bath in the Chalet Room

How to take part

Book on site

TIBETAN SINGING BOWLS



Ritual Experience

As you float in warm water, the vibrations of the Tibetan singing bowls travel through the water and carry the body into a deep experience.

FRIDAY 06.11

15:30	30 min	Tibetan bowls in water Panoramic Pool
16:30	30 min	Tibetan bowls in water Panoramic Pool
17:30	30 min	Tibetan bowls in water Panoramic Pool
19:00	30 min	Tibetan bowls in water Panoramic Pool

SATURDAY 07.11

15:30	30 min	Tibetan bowls in water Panoramic Pool
16:30	30 min	Tibetan bowls in water Panoramic Pool
17:30	30 min	Tibetan bowls in water Panoramic Pool
19:00	30 min	Tibetan bowls in water Panoramic Pool

SUNDAY 08.11

15:30	30 min	Tibetan bowls in water Panoramic Pool
16:30	30 min	Tibetan bowls in water Panoramic Pool
17:30	30 min	Tibetan bowls in water Panoramic Pool
19:00	30 min	Tibetan bowls in water Panoramic Pool

How to take part

Book on site

HANG DRUM



Ritual Experience

Enveloping sounds and harmonic vibrations that guide the mind towards a state of calm.
An immersive listening experience.

FRIDAY 06.11

11:30	30 min	Poolside Hang Drum at the Chalet Pool
18:00	30 min	Poolside Hang Drum at the Panoramic Pool

SATURDAY 07.11

11:30	30 min	Poolside Hang Drum at the Chalet Pool
18:00	30 min	Poolside Hang Drum at the Panoramic Pool

SUNDAY 08.11

11:30	30 min	Poolside Hang Drum at the Chalet Pool
18:00	30 min	Poolside Hang Drum at the Panoramic Pool
21:00	30 min	Poolside Hang Drum at the Panoramic Pool

How to take part

Drop-in

HYDROTHERMAL POSTCARDS



■ Workshop

A creative experience inspired by the landscape of the Euganean Hills, to observe, interpret and transform with your own hands.

SATURDAY 07.11

- | | | |
|-------|--------|--|
| 15:45 | 60 min | ■ Espero art workshop - Hydrothermal Postcards
 in La Piazzetta |
| 17:15 | 60 min | ■ Espero art workshop - Hydrothermal Postcards
 in La Piazzetta |

How to take part

Book on site · Limited places

MORPHOLOGY OF THE MIND



■ Workshop

A free, intuitive painting experience inspired by the principle of the Rorschach test, leaving room for imagination and whatever emerges spontaneously.

SUNDAY 08.11

- | | | |
|-------|--------|--|
| 15:45 | 60 min | ■ Espero art workshop - Morphology of the Mind
 in La Piazzetta |
| 17:15 | 60 min | ■ Espero art workshop - Morphology of the Mind
 in La Piazzetta |

How to take part

Book on site · Limited places

THE SOUND OF SILENCE



FRIDAY 06.11

at 21:00

■ **Night Event**

*A silent concert guides you into deep relaxation, as the sounds of nature surround you in a sensory dimension. Making the experience even more immersive, a live sound design concert with **Maestro Michele Moi**, in a harmonious dialogue between sound, space and perception.*

How to take part

Drop-in

PERCUSSION CONCERT



SATURDAY 07.11

at 21:00

■ **Night Event**

*Pulsup, the percussion duo of **Stolfo Fent** and **Mauro Gatto**, will accompany the evening with a weave of rhythms, vibrations and pulses, creating an enveloping soundscape to get carried away by.*

How to take part

Drop-in